

TIRED? ACHY?

One-third of American women don't absorb the nutrients they consume. Here's how to reactivate your gut!

ALERT! One daily diet cola increases obesity risk by 41%

BEST CUTS FOR YOUR COLOR

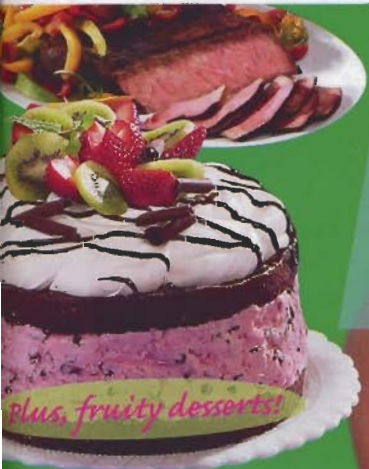


THE 12 MOST-WANTED SUMMER STYLES

WOW! Inexpensive vibrating razors get you 52% smoother

Just in time for Memorial Day!

GRILL UP A GREAT TIME!



plus, fruity desserts!
28-PAGE COOKBOOK

HA! Real-life desperate housewives tell all!

HEALTHY IN A FLASH!

- ✓ The ice cream trick that foils food poisoning
- ✓ The nutrient that firms your body from the inside out
- ✓ The home remedy proven to cure swimmer's ear

NEW TREND: At-home walking pares pounds *without* drawing stares

First

for women on the go

ONLY \$1.99

DROP 9 LBS THIS WEEK

NEWS! The RICE DIET that Duke University doctors prescribe to cure chronic weight gain

- ✓ BOOST ENERGY BY 97% IN 10 DAYS
- ✓ LOSE 25-30 LBS EVERY MONTH

Display until 6/5/06



real life

"I saved time, money and stress by using telephone doctors!"

With her cell phone in hand, Traci Henderson sat in her doctor's waiting room, trying to reschedule a meeting. The conjunctivitis in her eye grew increasingly painful, but her doctor was nowhere in sight. *I've been here for an hour, she thought. I need to get back to work!*

As a mortgage loan officer, Traci kept a tight schedule. But whenever she was slowed down by nagging health concerns like allergies, her job took a backseat to her doctor's equally busy schedule. "I felt helpless just sitting in the waiting room," Traci laments.

"My prescription was ready in 30 minutes."

Then while vacationing in Arizona, as luck would have it, Traci came down with a fever. "I didn't know how I was

going to make it through the rest of the trip," she says. Luckily, a friend had told her about a new national health service called TelaDoc that allows patients to reach licensed physicians for over-the-phone consultations regarding nonemergency health concerns.

Deciding to give it a shot, Traci dialed the toll-free number and registered with the service, completing a survey about her medical history and current complaint. Minutes later, a primary-care doctor returned her call. After asking her some routine questions, he diagnosed her with the flu and phoned in a prescription for antibiotics to a pharmacy near her hotel. Traci had a prescription in her hand just 30 minutes later. "Reaching a real doctor fast saved my vacation," she says.



Traci Henderson, 40, Dallas

"Now I rarely miss work!"

These days, Traci pays a nominal monthly membership fee so she can use TelaDoc whenever she needs treatment for common ailments like viruses. "Now it's so easy to get help!" she says.

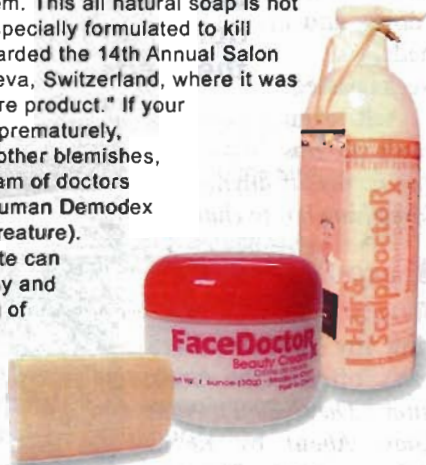
We're here to help!

To learn more, visit TelaDoc.com or call **800-TELADOC**. Membership to the 24/7 medical service costs \$18 to register and \$4.25 per month. Consultations run \$35 each and are not covered by insurance.

Canadian & U.S. Dermatologists Launch New Cosmetic Breakthrough!

in the Fight Against Acne, Rosacea, Psoriasis, and Eczema

Face Dr. Soap has had remarkable success clearing up acne and complexion problems for people of all ages, because it eliminates microscopic parasites now thought to be the cause of the problem. This all natural soap is not like ordinary or medicated soaps. It was specially formulated to kill Human Demodex. Face Dr. Soap was awarded the 14th Annual Salon International Award for inventions in Geneva, Switzerland, where it was touted as being a "truly advanced skin care product." If your skin is rough and flushes, or if it is aging prematurely, experiencing acne, eczema, psoriasis or other blemishes, then there could be parasite activity. A team of doctors isolated a small unseen parasite called Human Demodex (demodex folliculorum aka the Eyelash Creature). Many researchers believe that this parasite can cause complexion to become rough, lumpy and reddish, cause hair loss, premature aging of the skin, enlarged pores and acne.



FaceDoctor
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health

Jay Brousseau. Hair and makeup: Dana Nelson. Text: Brooke Ross.